

# List of ingredients

## Lollipops Preschool WINTER MENU W/C: 04.01.22 - 07.01.22

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Lunches</b>				
Main meal	Sausages & potato wedges	Spaghetti Bolognese Spaghetti, lean mince, chopped tomatoes, tomato puree, onion, garlic, herbs & spinach. <b>G</b>	Turkey Chow Mein Egg noodles, chow mein sauce (lemon juice, soya sauce, ketchup & honey) E, SY, C	Cod in breadcrumbs, potatoes & beans <b>G, DA</b>
On the side	Broccoli & baked beans	Garlic Bread	Mixed vegetables	Wedges & sweetcorn
Dessert	Blueberry muffins with custard <b>DA, E</b>	Strawberry/Raspberry yogurt with fruit	Peach cobbler with custard <b>DA, G</b>	Yogurt with fruit <b>DA</b>