

List of ingredients

Lollipops Preschool, SPRING/SUMMER MENU W/C: 28.06.21

	MONDAY (v)	TUESDAY (v)	WEDNESDAY (v)	THURSDAY	FRIDAY
Snacks:	Scones & fruit DA, G	Crackers with cheese & vegetable sticks DA, G	Fruit loaf & banana DA, G	Oat biscuits with cheese & vegetable sticks DA, G	Crumpets or fruit loaf with butter DA
Lunches					
Main meal	Vegetable chicken pasta Chicken breasts, pasta, crème fraiche sweetcorn & broccoli E, DA, G	Cheese & tomato pizza & couscous. Pizza, cheese & tomato, carrots and cucumber	Chicken chow mein with noodles dried egg or rice noodles, chicken breast, carrot, peas, garlic. Sauce: soy sauce, honey, ketchup, lemon juice. E, DA	Tuna sweetcorn wraps with rice Tuna, sweetcorn, mayonnaise, white wraps & cucumber. G, DA, E	Fish finger sandwiches & sweet potato wedges fish fingers, olive oil, seasoning sweet potato & sweetcorn G, F
On the side	Garlic Bread G	Couscous		Vegetable sticks (carrot & cucumber)	Sweetcorn & sweet potato wedges
Dessert	Fruit salad and yogurt DA	Frozen yogurt & fruit DA	Banana bread with Angel Delight G	Flapjacks with fruit & Greek yogurt DA	Fresh fruit kebabs with jelly

Where these allergens are present, it is displayed next to the appropriate meal.

Allergen coding: GLUTEN -G, EGG - E, FISH - F, NUTS - N, PEANUTS - PN, SOYA - SY, DAIRY - DA, CELERY - CE, MUSTARD - MU, SESAME - SE, SULPHATES, SU, LUPIN- LU, SHELLFISH -