

List of ingredients

Lollipops Preschool, WINTER MENU W/C: 10.01.22

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY(v)	FRIDAY
Lunches					
Main meal	Mild Chilli Con Carni served with rice Lean mince, chilli powder, chopped tomatoes, tomato puree & baked beans. G	Chicken pie served with roast potatoes & mixed vegetables. Chicken breasts, white sauce (milk, butter, flour) pastry, vegetables G, E	Noodles with turkey & mixed vegetables E, G, SY (Chow Mein sauce, ketchup, Soy Sauce, lemon juice & honey)	Cheese and tomato pizza served with potato wedges & sweetcorn cheese & tomato pizza, sweetcorn, peppers & Seasoning G, DA	Fish fingers served with potato wedges fish fingers, olive oil, seasoning potato & sweetcorn G, F
On the side	Tortilla chips	Mixed vegetables		Sweetcorn, pepper sticks & rice.	Sweetcorn & baked beans
Dessert	Banana bread with custard DA, G	Blueberry muffins with custard DA, E	Creamy yogurt with fruit DA	Peach Cobbler with custard DA, E	Fruit cocktail & yogurt DA

Where these allergens are present, it is displayed next to the appropriate meal.

Allergen coding: GLUTEN -G, EGG - E, FISH - F, NUTS - N, PEANUTS - PN, SOYA - SY, DAIRY - DA, CELERY - CE, MUSTARD - MU, SESAME - SE, SULPHATES, SU, LUPIN- LU, SHELLFISH -