

# List of ingredients

## Lollipops Preschool, SPRING/SUMMER MENU W/C: 14.06.21

	MONDAY	TUESDAY (v)	WEDNESDAY	THURSDAY	FRIDAY
<b>Snacks:</b>	Scones & fruit DA, G	Crackers with cheese & vegetable sticks DA, G	Fruit loaf & banana DA, G	Oat biscuits with cheese & vegetable sticks DA, G	Crumpets or fruit loaf with butter DA
<b>Lunches</b>					
<b>Main meal</b>	Chicken chow mein with noodles dried egg or rice noodles, chicken breast, carrot, peas, garlic. Sauce: soy sauce, honey, ketchup, lemon juice. E, DA	Baked tomato and cheese pitta bread & vegetable sticks. Pitta bread, olive oil, garlic, onion, pepper, chopped tomatoes & tomato puree. G, DA	Tuna sweetcorn & mayo wraps with rice Tuna, sweetcorn, mayo, wraps and cucumber sticks G, DA	Chicken and vegetable pasta Chicken breasts, pasta, sweetcorn & crème freche E, DA	Fish finger sandwiches & sweet potato wedges fish fingers, olive oil, seasoning sweet potato & sweetcorn G, F
<b>On the side</b>		Vegetable sticks (carrot & cucumber)	Rice & cucumber sticks	Garlic bread	Sweetcorn & sweet potato wedges
<b>Dessert</b>	Fruit salad and strawberry yogurt DA	Frozen yogurt DA	Flapjacks with Greek yogurt DA	Banana bread & Angel Delight G DA	Fresh fruit kebabs with jelly

Where these allergens are present, it is displayed next to the appropriate meal.

Allergen coding: GLUTEN -G, EGG - E, FISH - F, NUTS - N, PEANUTS - PN, SOYA - SY, DAIRY - DA, CELERY - CE, MUSTARD - MU, SESAME - SE, SULPHATES, SU, LUPIN- LU, SHELLFISH -