

List of ingredients

Lollipops Preschool

SUMMER MENU W/C: 5.09.22 -09.09.22

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunches					
Main meal <i>Special dietary requirements substitutes are provided.</i>	Spaghetti / ham & crème fraiche sauce (served separately) Pasta Peppers / sweetcorn Tomato puree Crème fraiche G DA	Sausage in a bun G with wedges Optional sides: Cheese slices ketchup/mayo	Mild creamy curry sauce Plain chicken on the side Spinach Sweet potato Coconut milk Spices/tomato puree DA SE	Cheese & tomato pizza G, DA Choice of toppings: Plain/Sweetcorn/ Sweet peppers	Tuna melt tortilla wraps Optional fillings: Tuna /mayo Grated cheese G,F
On the side	Garlic bread G DA	Carrot & Cucumber sticks	Rice & naan bread G	Carrot/Pepper sticks	Corn on the cob & tomatoes
Dessert	Raspberry cake with cream DA,G	Fruit yogurt & fruit DA	Flapjacks & Greek yogurt DA, E	Creamy yogurt & fruit sticks DA	Frozen yogurt with peaches DA

Where these allergens are present, it is displayed next to the appropriate meal.
 Allergen coding: GLUTEN -G, EGG - E, FISH - F, NUTS - N, PEANUTS - PN, SOYA - SY, DAIRY - DA, CELERY - CE, MUSTARD - MU, SESAME - SE, SULPHATES, SU, LUPIN- LU, SHELLFISH -

