

# List of ingredients

Lollipops Preschool, SPRING/SUMMER MENU W/C: 09.05.22 -13.05.22

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Lunches</b>					
<b>Main meal</b>	<b>Mild creamy curry</b>	<b>Cheese &amp; tomato pizza</b> <b>G, DA</b>	<b>Chicken pasta with</b> <b>crème fraiche</b>	<b>Tuna melt tortilla</b> <b>wraps</b>	<b>Fish cakes with</b> <b>vegetables &amp; beans</b>
<i>Special dietary requirements substitutes are provided.</i>	Spinach Sweet potato Coconut milk Spices/tomato puree <b>DA SE</b>	Toppings: Sweetcorn & peppers	Pasta Peppers / sweetcorn Tomato puree Crème fraiche <b>G DA</b>	Optional fillings: Tuna Grated cheese <b>G</b>	Fish cakes, cod, olive oil, sweetcorn <b>G, F</b>
<b>On the side</b>	Rice & naan bread	Vegetable sticks/salad	Garlic bread <b>G</b>	Vegetable sticks	Corn on the cob & baked beans
<b>Dessert</b>	Mixed berries & creamy yogurt <b>DA</b>	Flapjacks & Greek yogurt <b>DA, G</b>	Fruit kebabs with jelly <b>G, DA</b>	Blueberry muffins <b>DA, E</b>	Peaches & yogurt <b>DA</b>

Where these allergens are present, it is displayed next to the appropriate meal.

Allergen coding: GLUTEN -G, EGG - E, FISH - F, NUTS - N, PEANUTS - PN, SOYA - SY, DAIRY - DA, CELERY - CE, MUSTARD - MU, SESAME - SE, SULPHATES, SU, LUPIN- LU, SHELLFISH -